



# Rethinking “sustainable” transportation as bike-bus modal integration



UITP Session, Velo-City 2016,  
Taipei  
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27 February 2016



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# International research/action collaboration, Chile-India-US

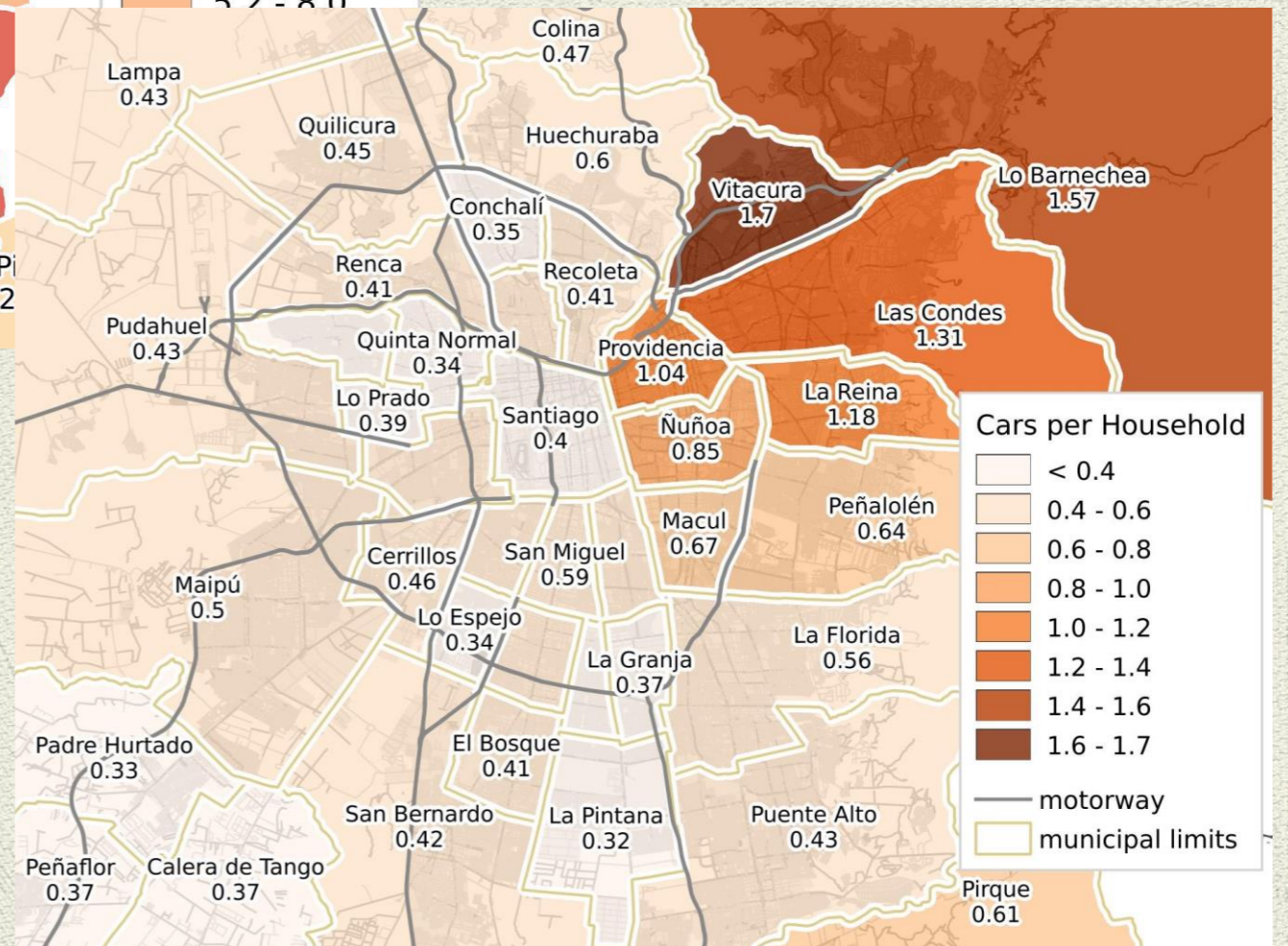
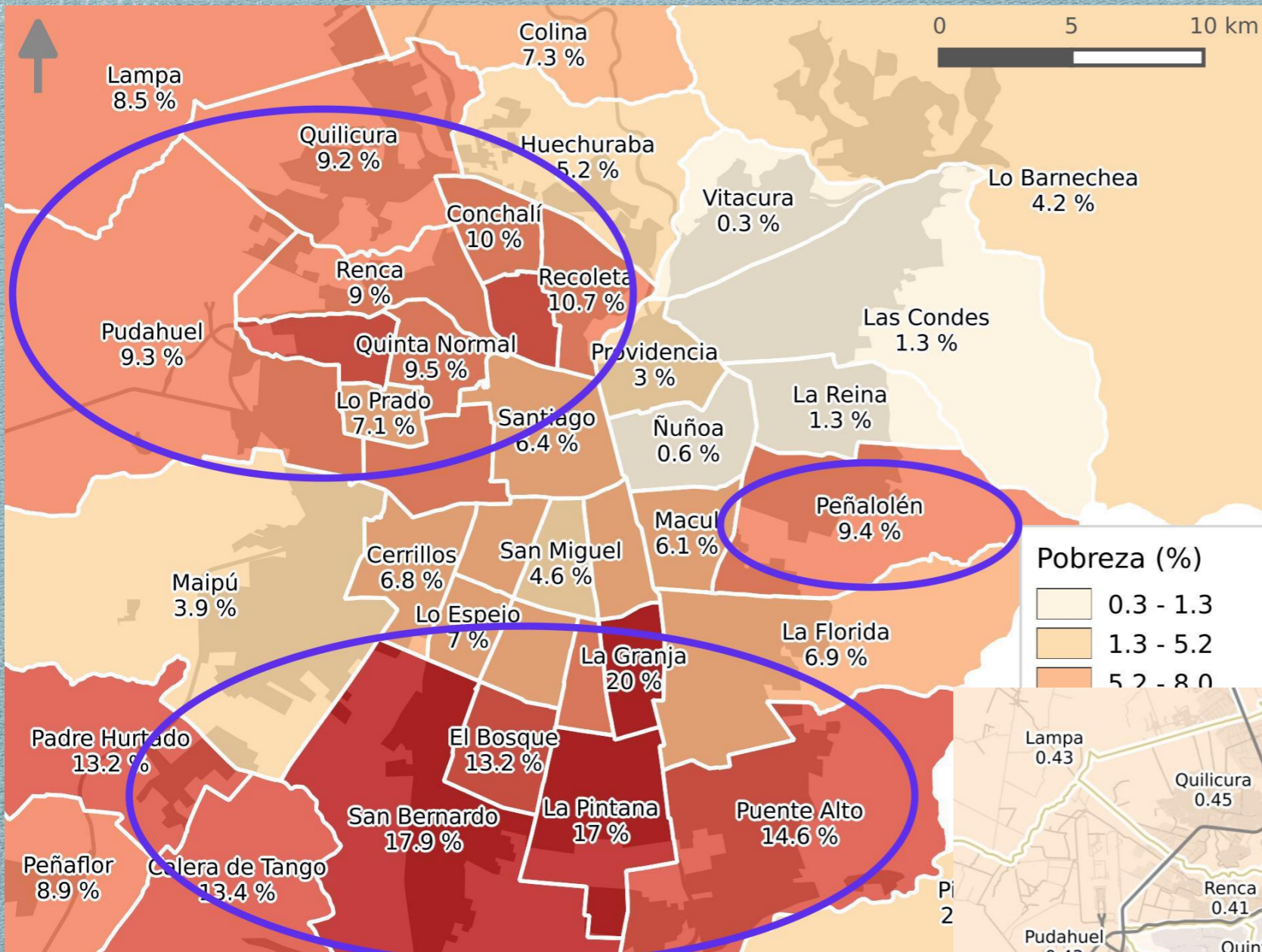
1. Reviewing and redefining “social” sustainability
2. Principles of “inter”modality and bike-bus focus: Santiago data to ground our thinking
3. Examples of research: a modal share tool for planning and participatory workshop to bring cyclists/bus drivers together
4. Final reflections



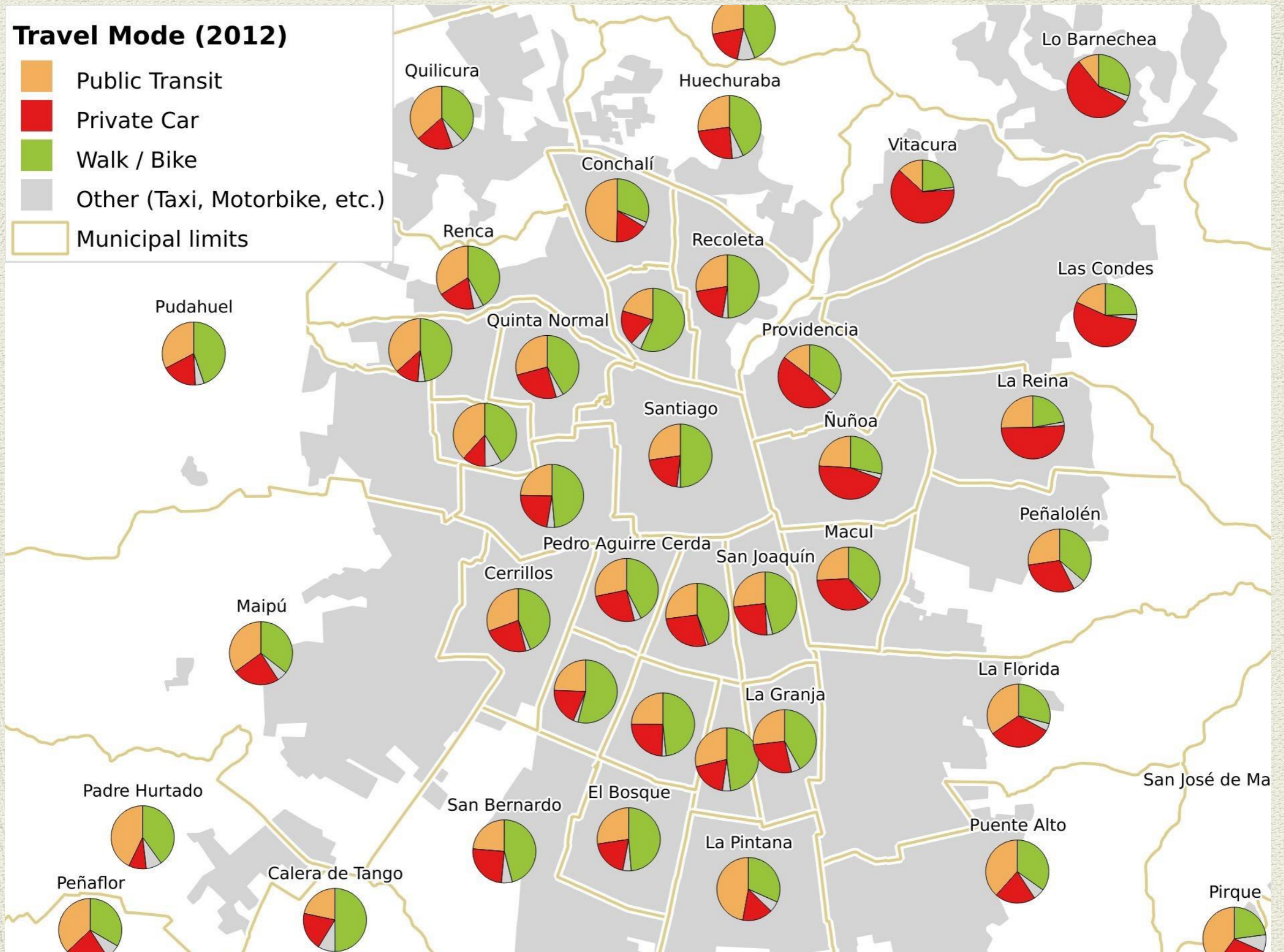
# **1. Reviewing and redefining “social” sustainability and transport**

# Sustainable transport: majority modal share





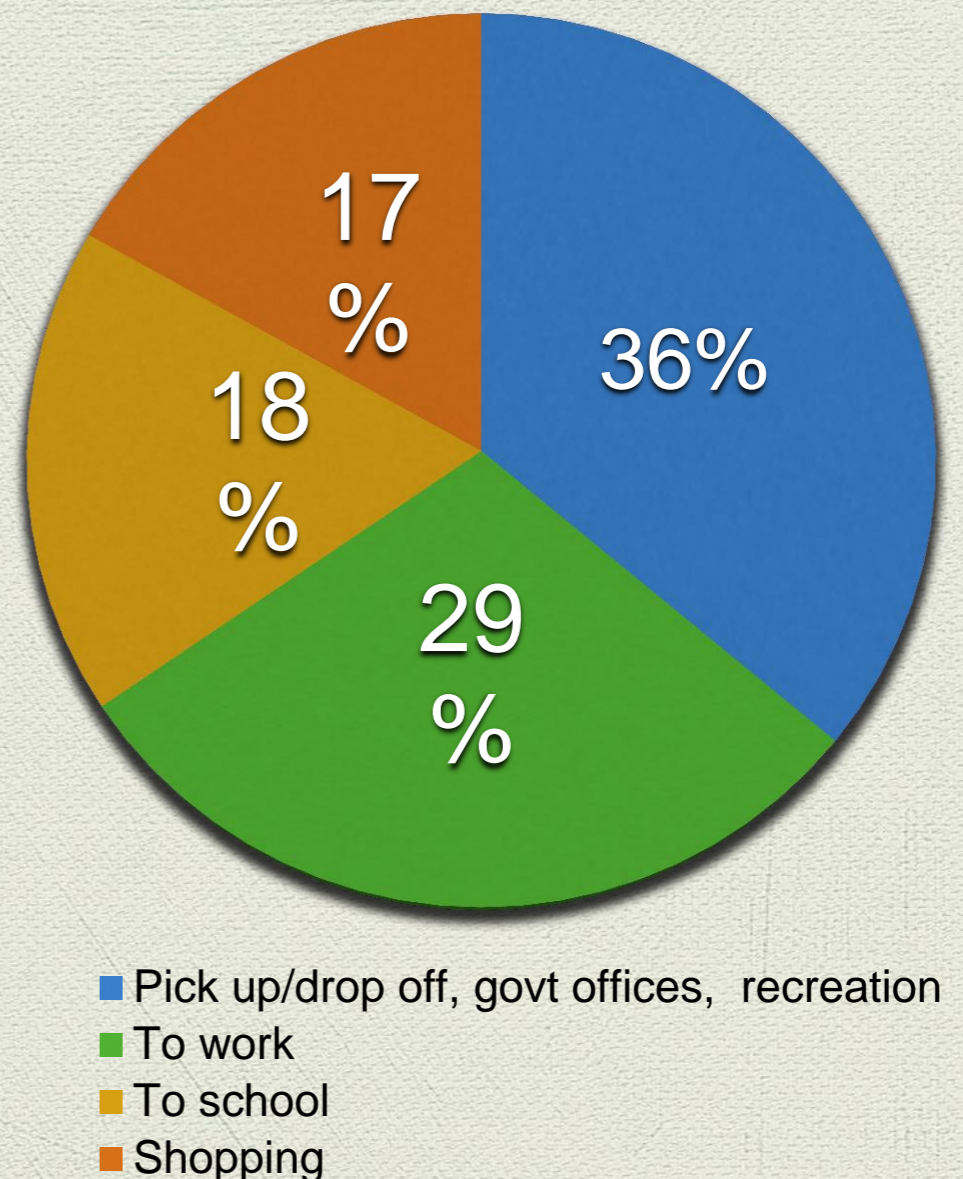
### Travel Mode (2012)



# Non-work trips majority

- ◆ Only 40% of households have cars (as many as five); signs that may have reached “peak” car
- ◆ Walking and cycling more important than averages indicate
- ◆ Gender differences highly apparent

**Share of all trips by purpose**



# Roads as social spaces





# Automobility

(Beckmann 2001, Urry 2004)

- ◆ An industry and a financial product
- ◆ A culture and a way of life
- ◆ A globalization based on cheap energy and unbridled consumption (by a tiny minority at the expense of the majority)
- ◆ A potent symbol inciting competition beyond ethical and moral limits,
- ◆ The result of 50 years of intense propaganda (like the cigarette), ie there is nothing “natural” or “inevitable” about it.



# Inequality on roads and

## Sid



Buenos Aires	26%
Amsterdam	12%
Sao Paulo	12%
New York	12%
Delhi	12%
Copenhagen	12%
London (UK)	12%
Toronto	42%
Chicago	12%

26%

fuente: [Indicadores de Movilidad/Indicadores/viajes\\_modos.html](#) (27-III-2013)

# High price of building only for cars

- ◆ **45%** of car trips less than 5km
- ◆ **4,000** premature deaths every year due to air pollution (Cifuentes).
- ◆ After 30 years, only 40% of households have car, signs it is peaking



# Number 1 killer of children and youth

(Comisión Nacional de Seguridad de Tránsito)



Makes us more vulnerable to climate change and roller coaster fossil fuel prices



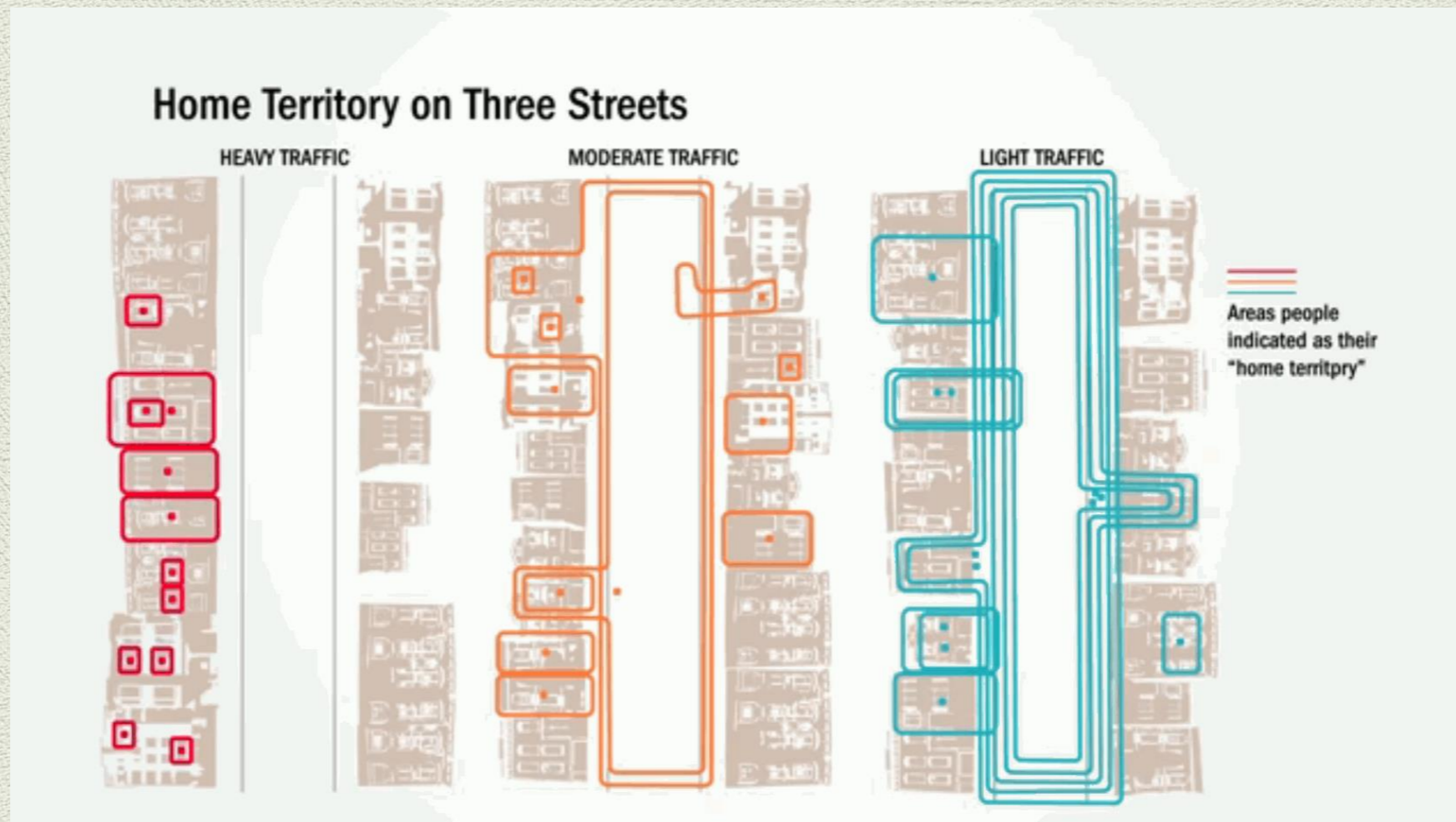
# 2nd storey highway, México DF



vs. Roads as  
**multi-purpose, nourishing  
socially essential, public and  
civic places**

# “Livable” Streets

Appleyard, San Francisco, 1970, 1981



**Mientras menos automóviles pasan por tu calle, más personas conocerás, más relaciones sociales tendrás, más lugares para jugar, interactuar, ser feliz...**



# the street as public space

## Green space

Optimo:  
40 m<sup>2</sup>/capita

Mínimo internacional  
(WHO):  
9m<sup>2</sup>/cap.

Berlín: 60.0 m<sup>2</sup>/cap.

Curitiba: 51.0 m<sup>2</sup>/cap.

Córdoba: 9.6 m<sup>2</sup>/cap.

Madrid: 7.0 m<sup>2</sup>/cap.

**Santiago: 3.2 m<sup>2</sup>/cap.**

Sao Paulo: 2.7 m<sup>2</sup>/cap.



## Streets

% of urban territory

### “Developed”

- ◆ New York, 22%
- ◆ London, 23%
- ◆ Tokyo, 24%
- ◆ Paris, 25%.

### “Developing”

- ◆ Shanghai, 7.5%
- ◆ Bangkok, 11.4%
- ◆ Delhi, 21%
- ◆ Sao Paulo, 21%.

(Vasconcellos, 2001)

# Social spaces (Health, work, happiness)



Japanese fair and  
Metro station,  
Sao Paulo



# Street fairs that bring services within walking and cycling distance



Festivals and street fairs, in Buenos Aires, Santiago and Sao Paulo



# Livability (creativity, income, environmental services)



Art



Recycling



Service

# where we learn citizenship



Santiago, The community proposes improving Barrio Bellavista's main street, Santiago 2003. Inaugurated 2008.

# practice human and civic rights...



Four different

Delhi, March 2012

**NO AL PAGO DE LA DEUDA EXTERNA**

# Key “social” sustainability elements

	Component/Key words
1	<b>Community cohesion</b> , community-based, take local cultures seriously, people in all their <b>diversity</b> as actors and agents
2	<b>Work, equity, quality of life</b> : social/environmental justice, from mobility to <i>access</i> , integration of poor and vulnerable, employment, income, housing/land use; informal sector impacts
3	<b>Participation, governance and rights</b> : institutions that guarantee social and political rights, nourish grassroots campaigning, individual and community participation, empowerment, justice.
4	<b>Health</b> : Human embodiment of most environmental issues. Active city, road safety, walkability and cycle-inclusion.
5	<b>Planning goals</b> : Air quality, water quality, noise-free; traffic safety; Transit metropolis (transit-land use nexus); overcome excessive dependency on cars); walkability; cycle-inclusion; transport mode choice as pleasure (more than derived demand).
6	<b>City &amp; transport planning strategies</b> : Liveability (quality of life); Change to sustain; backcasting; City as eco-system: balance consumption, waste, renewal; Improve quality of life within carrying capacity; from multimodality to intermodality
7	<b>Transport planning tools</b> : (Re)Education; transit metropolis; smart growth; active city; walkability; cycle inclusion increased transport choice; complete streets; road diet; BRT/LRT/Metro; walk-bus (PT)-bike integration; roads as social: car-free days and zones

*Source: Own elaboration based on literature discussed. “Civic values” reflects collective values to be reinforced or developed socially; “health” includes mental, physical and social elements; “efficiency” focuses primarily on making the transport system itself function better; “work”, employment, income and other dimensions; “ecology”, the balances sought between resources,*

## **2. Principles of “inter”modality and bike-bus focus**



# “Intermodality”

- ◆ **Multimodality:** The presence of different transport modes, usually with little or no coordination among them.
- ◆ **Intermodality:** A focus on the seamless integration of diverse modes, considered socially, environmentally and economically sustainable.



- ◆ Not only work-related, but other kinds of trip purpose
- ◆ Not only “average” (male) user, but the outliers, girls and women, from 8-80 years
- ◆ Diverse modes, each with own “niche”, a combination of purpose, capacity, price, and **distance**

# Distance, density and trip purpose

central

outskirts/rural

Many people /m<sup>2</sup>

More people /m<sup>2</sup>

Few people /m<sup>2</sup>



0 km

5 km

10-15 km

Medium and high densities

+ short trips (0-10 km), walking and cycling (bicitaxis, bikeshare, tricycles)

+ Medium trips (5-15 km), BRT-Metro  
Low density, long distances, Private car

## KEY

Walk

Cycle

Public transport

Car

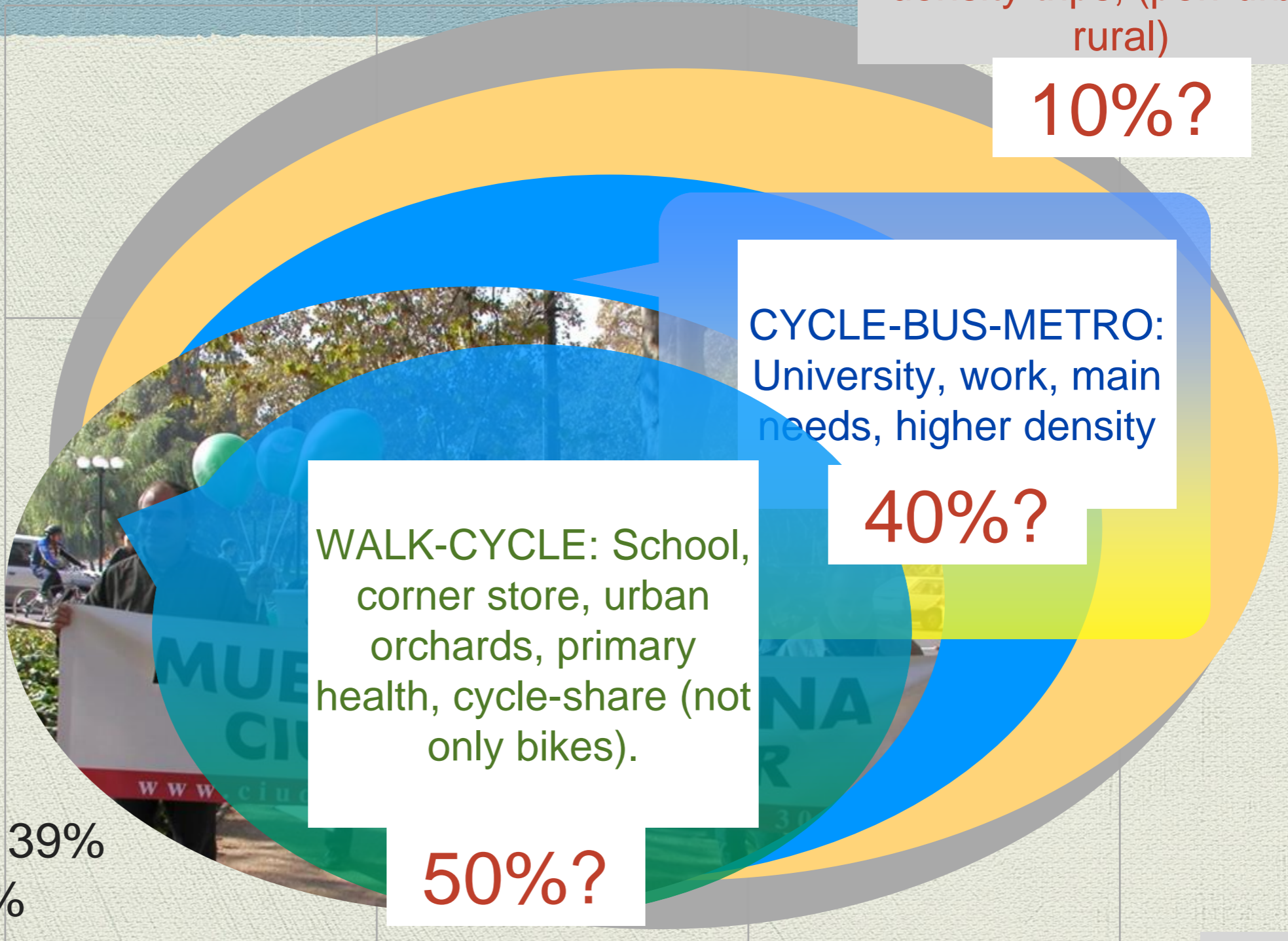


# Relocate daily services within walking and cycling distances

CARS-CARSHARE-AUTO-RICKSHAW: longer, lower density trips, (peri-urban, rural)

10%?

KEY	
Walk	
Cycle	
Public transport	
Car	



ALREADY  
 Walk (35%); +  
 Cycles (4%) = 39%  
 Bus-Metro 26%  
 Car 26%

% Trips



90%

# Forms of intermodal bike-bus integration

	<b>Main Measures</b>	<b>Examples</b>
<b>1</b>	Bike parking at train and bus stops	Bogotá, Munich, Amsterdam
<b>2</b>	Bike racks on buses	Mainly North American cities
<b>3</b>	Bikes on rail cars	Common in Europe, off-peak US
<b>4</b>	Bike rentals	The Netherlands, tourism
<b>5</b>	Public bike rentals	Netherlands, Germany, Copenhagen
<b>6</b>	Bikesharing, some fare-integration	Paris, Santiago, Barcelona, etc.
<b>7</b>	Bike routes connecting to public transport stations/stops	Netherlands, Germany, Denmark
<b>9</b>	Shared bus-bike-tram lanes	France, Belgium, Germany, UK
<b>10</b>	Cycle Taxis/Rickshaws	India

*Source: Godefrooij et al., 2009; Pucher and Buehler 2012; observations in diverse cities; presentations Velo-City conferences (2012 Vancouver, 2015 Nantes).*

# Complementary measures

<b>Main Measures</b>	<b>Examples</b>
Mapping, promotional and other information	Diverse agencies, and particularly citizens' organizations
Bike Stations	Run by city (Toronto) or by citizens' group (San Francisco), offering parking, repairs and other services, at key transport nodes.
Smart phone applications	India (rickshaws)
Inclusive business models	Social business, small business, cooperatives, etc.

# Target: no motorized trips under 5 km

## Implications

Spatial planning: 5 km blocks, connected with public transit grid

More space available for reforestation, vegetations, edibles: environmental services and resilience

Diverse cycles, including electro-assisted, tricycles, taxis, key

“Sustainable” speeds and pace: reduce deaths and disabilities, improve overall efficiency with more constant, lower speeds

# Bike-bus for door-to-door

- ◆ Reduce empty or low-volume trips
- ◆ Improve service
- ◆ More efficient use of space, fuel, etc.
- ◆ Clean, safe, user-friendly





### **3. Examples of research on intermodality**

**(a) a planning tool for modal share targets**

**(b) participatory workshop to bring cyclists/bus drivers together**

**(c) ongoing global collaboration to develop conceptual aspects: eg. Santiago**

# A. Planning tool: analysis

Number of trips in particular modal categories that could be reasonably expected to shift given the normative distance-based hierarchy

# Distances and times

**TABLE 1.** Optimal distances and times for walking and cycling as standalone and public transport access modes.

m	Walk (minutes)			Cycle (minutes)		
	Easy (4.5 km/h)	Moderate (5 km/h)	Fast (5.5 km/h)	Easy (15 km/h)	Moderate (19 km/h)	Fast (24 km/hr)
400	5.3	4.8	4.4	1.6	1.3	1.0
800	11	9.6	8.7	3.2	2.5	2.0
1200	16	14	13	4.8	3.8	3.0
2000	27	24	22	8.0	6.3	5.0
3000	40	36	33	12	9.5	7.5
4000	53	48	44	16	13	10
5000	67	60	55	20	16	13
8000	107	96	87	32	25	20
10000	133	120	109	40	32	25

Note: green = reasonable time for travel to access public transport; yellow = standalone single-mode travel or cycle service trip (bike taxi, bike share, etc.); orange = best served by combination with motorized modes.

Sources: Moderate walking speed taken as the average in TCRP (2003, p. 3-9) and range from Knoblauch, Pietrucha, and Nitzburg (1996). Cycling speeds from Gould and Karner (2009).

# Thresholds: criteria for establishing desirable modal shift targets

- ◆ Shift motorized trips under 8 km: most people can cover in less than 30 minutes on a bicycle/tricycle/cycle-taxi.
- ◆ Trips 0 to 2 km: shift to walking
- ◆ Trips 2 to 8 km: shift to cycle, cycle taxi, bike share, bike-bus combination.

# Comparison in two contrasting contexts: Bay Area and Metropolitan Santiago

**TABLE 2.** Comparison of demographic and travel characteristics in the two study areas.

	San Francisco Bay Area <sup>a</sup>	Santiago, Chile <sup>b</sup>
Population	7,140,325	6,651,735
Households	2,577,694	2,051,309
Persons per household	2.77	3.24
Workers	3,222,589	2,982,559
Median Household income (2010 USD)	\$75,000 – \$99,999	\$9,800
Mean vehicles per household	1.91	0.566
Mean bicycles per household	1.75	2.35
Total trips	30,372,468	18,461,113
Trips per household	11.78	9.00

<sup>a</sup>Source: California Department of Transportation (2013).

<sup>b</sup>Source: SECTRA and Universidad Alberto Hurtado (2014).

# Mode share (%) and mean distance (km) per trip

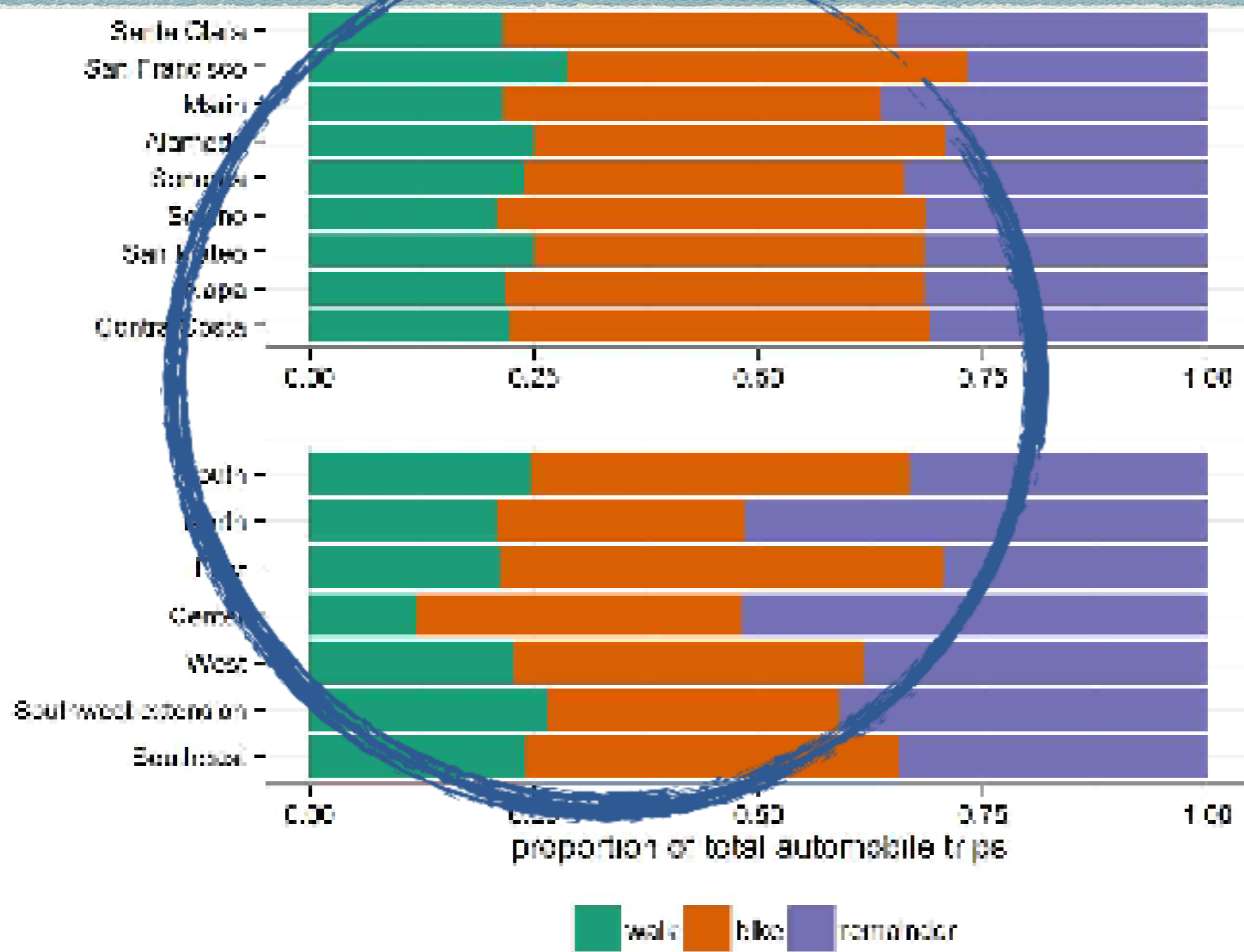
## San Francisco Bay Area

county	Auto		Walk		Bike		Public		Other	
Solano	92.7%	15.2	4.6%	0.868	0.6%	4.03	0.7%	21.88	1.3%	27.81
Sonoma	89.0%	10.7	8.8%	0.784	1.7%	3.18	0.9%	13.45	0.6%	18.40
Napa	83.7%	10.1	10.7%	0.817	1.4%	3.12	3.5%	19.78	0.8%	12.23
Santa Clara	82.5%	12.4	14.7%	0.656	0.5%	2.75	0.6%	9.42	1.8%	24.82
Contra Costa	82.2%	11.3	12.3%	0.614	1.8%	3.43	3.0%	13.77	0.7%	12.49
Marin	80.7%	10.1	11.9%	0.684	3.1%	3.04	3.4%	17.58	1.0%	19.34
San Mateo	79.3%	9.8	13.7%	0.749	1.8%	3.11	4.2%	17.34	1.0%	16.05
Alameda	68.5%	9.4	21.5%	0.648	2.1%	2.86	7.0%	15.49	0.8%	9.78
San Francisco	35.3%	10.3	15.4%	0.490	2.2%	2.53	45.3%	9.90	1.8%	8.81
Region	71.5%	10.6	19.3%	0.6	2.1%	2.5	6.0%	13.72	1.1%	14.13

## Santiago Metropolitan Region

sector	Auto		Walk		Bike		Public		Other	
East	43.7%	7.32	22.1%	0.562	4.4%	2.69	24.4%	11.74	5.3%	6.77
South-East	35.7%	6.19	32.6%	0.432	3.1%	1.94	31.9%	10.22	6.8%	5.12
West	20.4%	8.30	39.9%	0.390	3.6%	1.93	29.0%	9.95	7.1%	5.15
South	19.8%	7.47	43.9%	0.386	3.8%	1.92	25.1%	10.22	7.4%	5.52
North	19.3%	11.07	38.4%	0.407	5.3%	2.29	30.0%	11.15	7.0%	6.26
South-West Extension	17.9%	13.10	34.0%	0.50	8.5%	2.07	30.5%	15.65	9.1%	11.70
Central	17.5%	10.27	33.8%	0.632	3.2%	3.9	40.8%	11.47	4.4%	7.82
Region	25.6%	8.6	34.4%	0.4	4.0%	2.0	29.4%	11.08	6.5%	6.78

# Potential modal shift targets: % of trips



Well over half and up to 75% of car trips in the Bay area (above) and Metro Santiago (below) more suited to walking and cycling

# Potential for modal shift targets

TABLE 4. Mode shift targets in the San Francisco Bay Area and Santiago de Chile.

	Current mode share (%)	Share of trips (%)			Target modal share (2020)
		< 2 km	2 – 8 km	> 8 km	
<i>San Francisco Bay Area</i>					
Automobile	71.5	23.4	44.8	31.7	12.9
Walking	19.3	96.3	3.7	0.03	37.7
Bike	2.1	47.7	46.8	5.5	36.7
Public transit	6.0	16.0	39.8	44.2	12.9
<i>Santiago Metropolitan Region</i>					
Automobile	25.6	21.6	42.0	36.2	13.3
Walking	34.4	95.8	3.8	0.39	46.6
Bike	4.0	62.8	32.4	4.8	26.7
Public transit	29.4	8.9	39.3	51.7	13.3

Source: Data from California Department of Transportation (2013) and SECTRA and University of Chile (2013). Estimates of potential for modal shift described in text. Alberto Hurtado (2014).



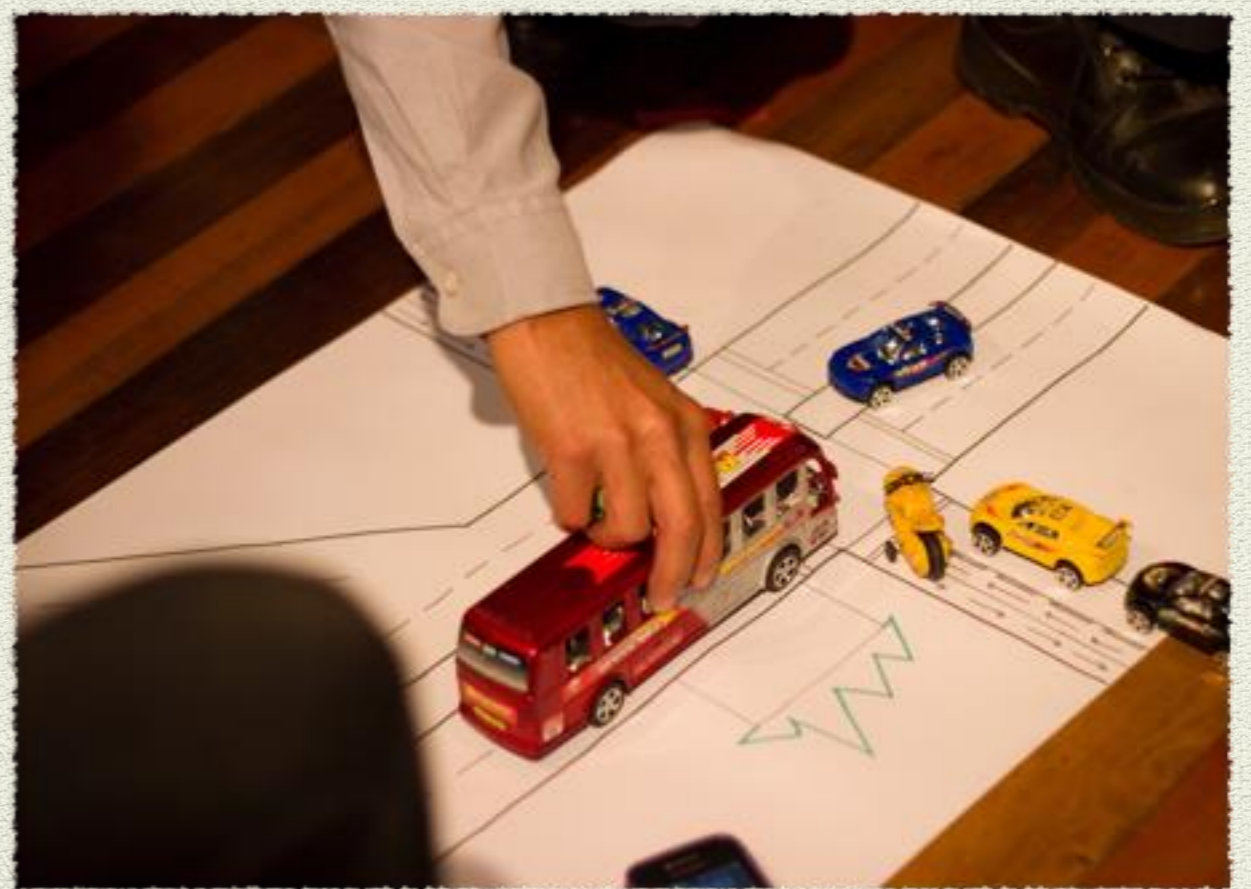
# Additional planning possibilities

Table 6 Modal shift targets for Santiago, Chile			<i>Think about</i>	
Component/Recommendation	Current mode share %	Target mode share %	% of road space	Space saved for other sustainability uses, e.g.
Walking	34.4	46.6		Shade/reforestation
Public transport	29.4	13.3		Water absorption, storage
Private vehicle	25.6	13.3		Urban food cultivation
Cycling	4	26.7		Local composting of organic waste

Source: Table 4, Karner and Sagaris 2016.

# B. Participation for Action

Bring bus drivers and diverse cyclists together to create guidelines for sharing the road



# Guidelines (25,000), basis for training module, potential for health program

HACIA UNA CIUDAD MÁS AMABLE Y MÁS HUMANA

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Laboratorio de Cambio Social

## Guía convivencia Bici-Bus



Desde el Laboratorio de Cambio Social, creada por el departamento de Ingeniería de Transporte PUC, Ciudad Viva, CEDEUS y el Centro de Excelencia Bus Rapid Transit (PUC), con el apoyo de ACTUS (Asociación de Concesionarios de Transporte Urbano de Superficie) y un panel de ciclistas y conductores del Transantiago, nos propusimos mejorar la convivencia Bici-Bus en el espacio vial.

Desde esa mirada entendemos que tanto ciclistas como usuarios de buses somos ciudadanos sustentables que contribuimos a crear una sociedad más activa, que no contaminamos con ruido ni emisiones y que descongestionamos las calles, lo que se traduce en beneficios acumulativos para tod@s l@s habitantes de la ciudad.

¿Cómo lograr que estos beneficios se realicen, y pasen a ser una realidad para todos?

Presencia en el sillón del piloto fue el gran desafío con Ciclistas y Conductores del Transantiago donde identificamos áreas de poca visibilidad que hace el conductor débiles y permite que los ciclistas ignoren presenciones el respecto.

## Guía convivencia Bici-Bus

### Recomendaciones:

1. La seguridad del ciclista depende de ser **VISIBLE Y PREDECIBLE**. Busca contacto visual con el conductor, directamente o por el espejo -que ellos revisan cada cinco segundos- y señala siempre con tus brazos antes de realizar cualquier cambio de dirección.
2. Los buses, especialmente los articulados, poseen varios puntos ciegos al frente, atrás y a ambos costados del vehículo. Por eso, antes de realizar cualquier cambio de dirección cerca de un bus, lo mejor es asumir que el conductor del bus no te ha visto. (Ver figura n°1)
3. El punto de mayor peligro: Evite adelantarse a un bus por su **lado derecho** (según el sentido de tránsito) ya que el punto ciego de ese lado es inevitable para el conductor. Además, podría atropellar a peatones que suben o bajan en el paradero. (Ver figura n°2)
4. Cuando el bus señala viraje a la derecha, **no te pegues a su cola para adelantar por la izquierda**, ya que su "cola" se abrirá hacia la izquierda y te puede golpear. Quédate detrás del bus hasta que éste termine de doblar. (Ver figura n°3).
5. En las luces rojas, sitúate varios metros delante del bus, evitando quedar dentro de su zona ciega, y si el bus está primero, pafiere quedarte detrás ya que el acelerará más rápido al momento de la luz verde. (Ver imagen n°1)
6. Si un bus se acerca por tu lado, resiste la tendencia de acercarte a la vereda ya que ello te hace aún menos visible (ver cómo la zona ciega "se abre" del costado del bus).



FIGURA N°1  
ÁREAS CIEGAS DE UN BUS. Fuente: SEMTA Municipal Departamento Ingeniería https://www.semta.com/mede/98621



Figura n°2  
Modo correcto e incorrecto para adelantarse a un bus. Fichero orden: Área ciega de mayor visibilidad y peligro para un ciclista, área o punto ciego de modo correcto en que un ciclista debe adelantarse a un bus. Fichero tipo: conducto de riesgo. Fuente: Imagen: SEMTA (Ingeniería Transantiago Agency)

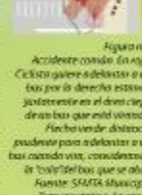


Figura n°3  
Accidente común. En este ciclista quiere adelantarse a un bus por el derecho estando justo dentro de el área ciega del bus que está virando. Fichero: ver de distancia prudente para adelantarse a un bus cuando virar, considerando la "cola" del bus que se abre. Fuente: SEMTA Municipal Transantiago Agency



Imagen n°7  
Área ciega frente al bus señalada por un ciclista. El ciclista o peatón solo será visto de cuerpo completo si pasa varios metros frente al bus. Mientras más se acercan al paradero, es menor su área de visibilidad, pudiendo desaparecer completamente de su vista.

### Consejos para ciclistas:

- Siempre dejar una distancia "prudente" entre tú y un bus.
- Busca una **forma amistosa de comunicarte** con los conductores, recomendamos ocupar la señal de paz ("V") como base, haciendo un gesto hacia adelante para adelantar, hacia la izquierda para virar, hacia abajo si te vas a detener, etc.
- **No ingreses a los corredores de buses** (vías separadas) con tu bicicleta. En general los corredores del Transantiago son muy angostos y los buses andan a altas velocidades (60KM). Que una bicicleta ingrese a estas vías exclusivas de buses es peligroso tanto para bicicleta como para el bus (José Navarro, Conductor y Capacitador Subus Chile).
- **Aprende a andar seguro, señalizando**, mirando atrás antes de cambiar de dirección, comunicándote visualmente con los otros usuarios de la calle.
- **Una luces de noche y sé cortés a toda hora**. En la convivencia vial, la cortesía salva vidas.

### Consejos para conductores de buses

- Siempre dejar una distancia prudente entre tú y un ciclista: de 1,5 a 2 metros mínimo, ya que las bicicletas con ciclista y carga son más anchas de lo que se cree. Ten siempre en mente la fragilidad de la bicicleta ya que su única carrocería es su propio cuerpo. (José Navarro, Conductor y Capacitador Subus Chile)
- Busca la forma de comunicarse con ciclistas, con los ojos y las manos.
- Acercándote a una intersección, revisa alrededor de los marcos de los parabrisas.
- Realiza virajes lentamente, estando preparado para frenar si es necesario.
- Si vas a tomar pasajeros, evita encerrar al ciclista entre el bus y la vereda, esperando unos segundos para que pase adelante.

### LO MÁS IMPORTANTE:

La seguridad pasa por que todos seamos más cuidadosos y respetuosos de los otros usuarios de las vías.  
La idea es alcanzar una mejor calidad de vida y más sustentable.

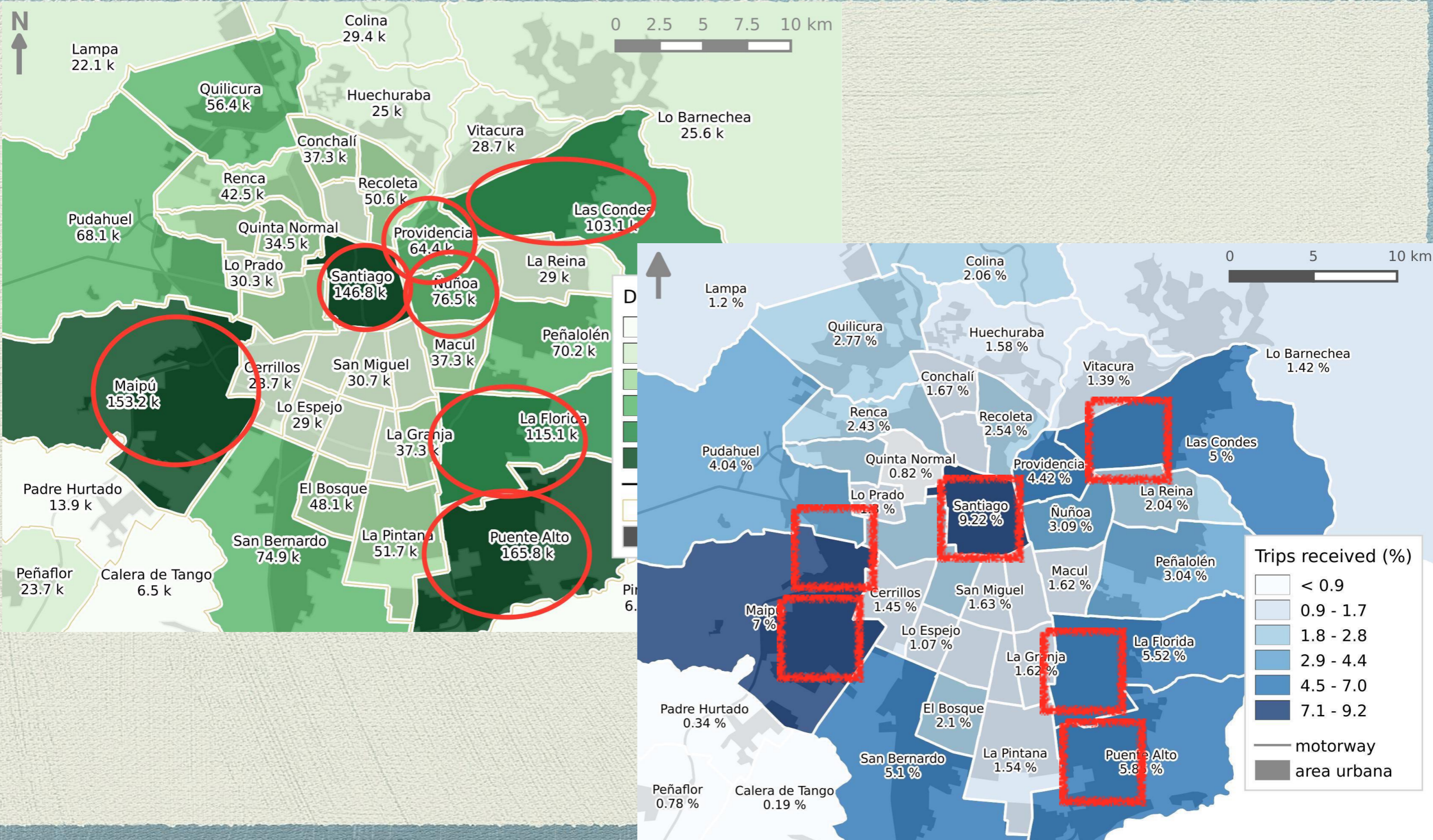
# BikeRacks on Buses (experiment)



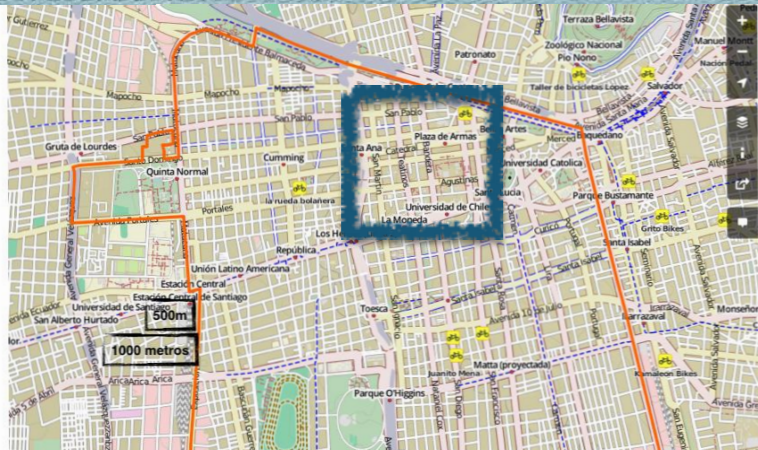
# C. Rethinking the city

What if we started to plan car-free “patches”, stitched together with first-rate public transport?

# Santiago in general



# Santiago's Inner Ring



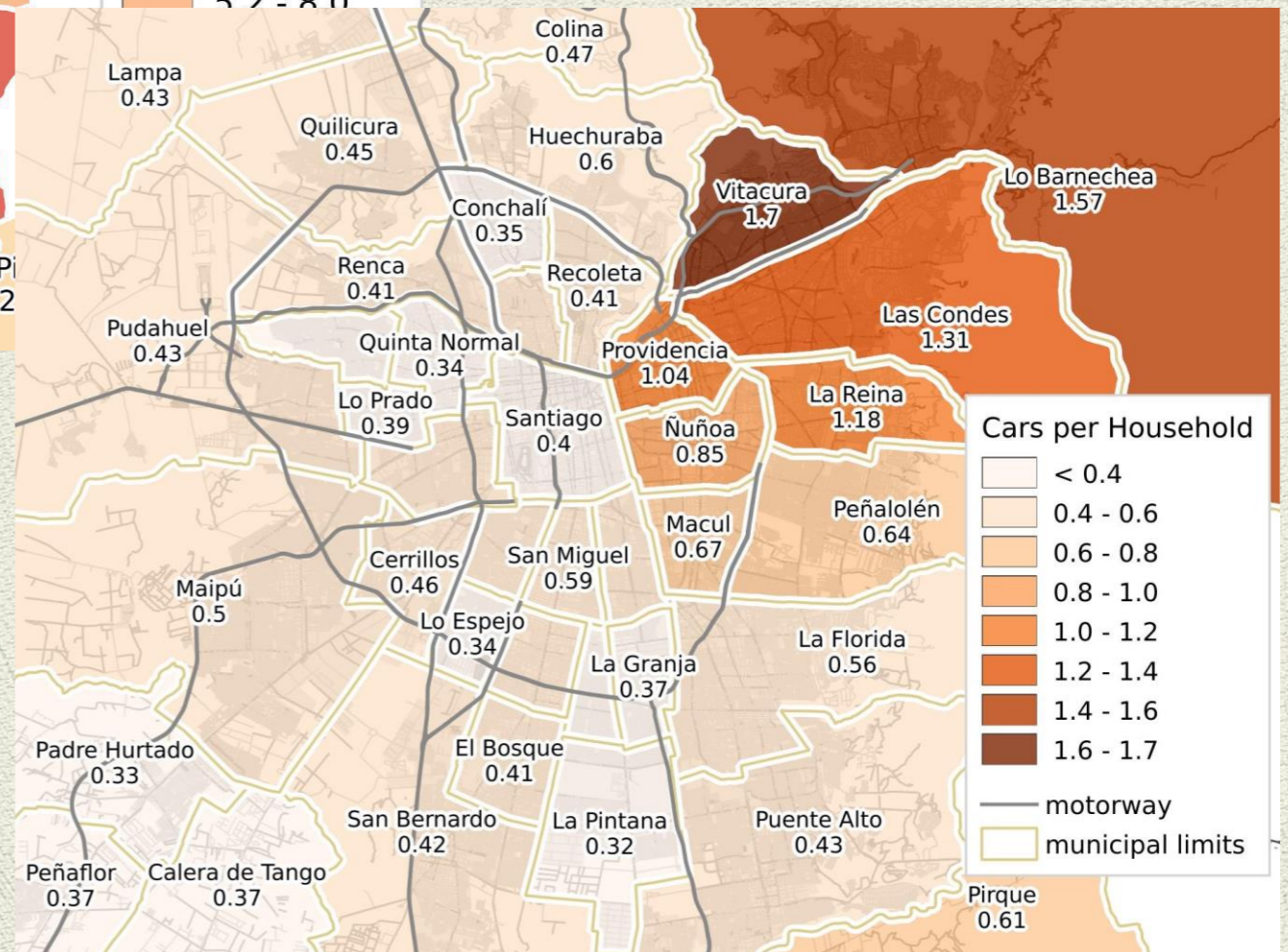
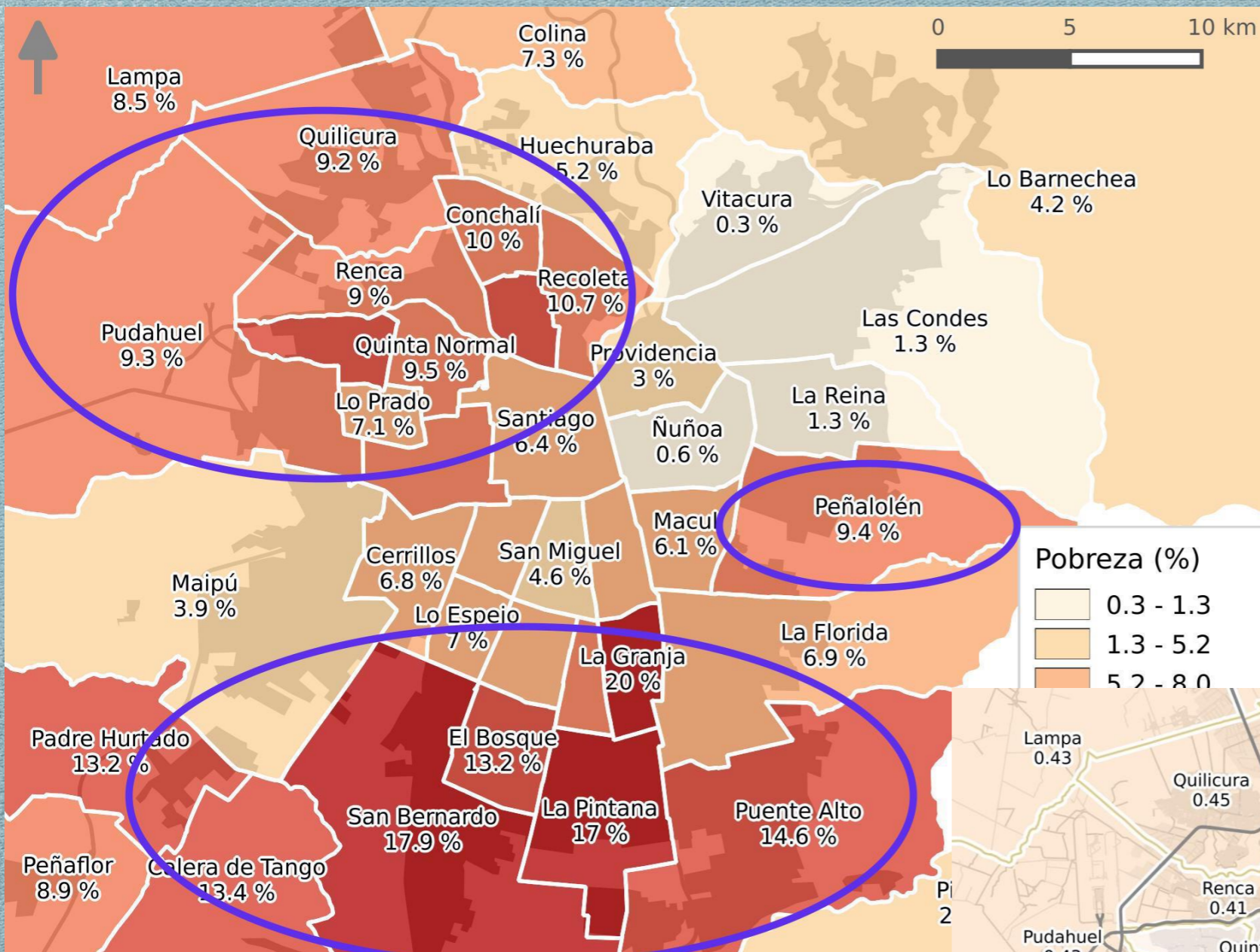
- 5 x 5 km aprox.  
Traditional heritage  
(original city)
- Government and  
other services (16  
comunas)
- Bike share, cycle  
taxis, public taxi,  
within ring.



# Responds to challenges of social (including political) sustainability

	Component/Key words	Status
1	<b>Community</b> cohesion, people in all their <i>diversity</i> as actors and agents	Yes
2	<b>Work, equity, quality of life:</b> social/environmental justice, from mobility to access	Yes
3	<b>Participation, governance and rights:</b> institutions that guarantee social and political rights, nourish grassroots campaigning, individual and community participation	Requires work
4	<b>Health:</b> Active city, road safety, walkability and cycle-inclusion.	Yes
5	<b>Planning goals:</b> Air quality, water quality, noise-free; traffic safety; Transit metropolis (transit-land use nexus); overcome excessive dependency on cars); walkability; cycle-inclusion; transport mode choice as pleasure (more than derived demand).	Contributes to current planning, requires more
6	<b>City &amp; transport planning strategies:</b> Liveability (quality of life); Change to sustain; backcasting; City as eco-system: from multimodality to intermodality	
7	<b>Transport planning tools:</b> (Re)Education; transit metropolis; smart growth; active city; walkability; cycle inclusion increased transport choice; complete streets	

# **4. Final reflections**



Inequality: segregation reflects discrimination

# Gender *strategic* to understand and challenge social/spatial injustice

Discrimination hard to examine, given enormous variety of socio-cultural realities /specifics in each place.

Focusing on women suggests a suitable proxy: exist everywhere and belong to all sectors. Have an enormous impact on values, Banister's "moral capital".

If we can get transport systems right for women and girls, we have probably achieved a lot for the elderly, the poor, persons with disabilities, the marginalized and youth.



# Ongoing research agenda

- ◆ **Implications for** bus/public transport **operations**, eg. spacing of stops
- ◆ **Opportunities** for smartphone applications and small business development
- ◆ Implications for **costs of retrofitting cities** for sustainability (mostly reassigns existing infrastructure)
- ◆ **Paths to sustainability**: feasible steps to help shift from today's behaviour to tomorrow's

# Across Latitudes and Cultures

## Bus Rapid Transit Centre of Excellence

- Headquarters: Dept of Transport Engineering and Logistics, ***Pontificia Universidad Católica de Chile***
- Instituto Superior Técnico, ***Lisbon Technical University***
- Institute of Transport and Logistics Studies, ***University of Sydney***
- ***Massachusetts Institute of Technology***
- ***EMBARQ Network***, World Resources Institute Centre for Sustainable Transport



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# Research-participation-action



## Laboratory for Social Change

A space for research in the community, *with the community*, led by Transport Engineering (PUC) and Living City, which brings together leaders and partners working in the Living Laboratory of real cities. With support from the Center for Sustainable Urban Development (Cedeus) and the Across Latitudes and Cultures, Center for BRT Excellence

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# Gracias

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